



START LIST

3000m Steeplechase Men - Round 1

First 8 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record WU20R	7:58.66	Saif Saaeed SHAHEEN	KEN 19	Bruxelles (BEL)	24 Aug 2001
Championships Record CR	8:06.10	Conseslus KIPRUTO	KEN 18	Barcelona (ESP)	15 Jul 2012
World U20 Leading WU20L	8:01.61	Edmund SEREM	KEN 19	Rabat (MAR)	31 May 2026

Heat 1

2

6 August 2026 10:05 START TIME

ORDER	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	2306	Lars OESCHGER	SUI 11 Sep 07	8:54.78	8:54.78
2	2099	Ammar Omar ALSHANQITI	KSA 19 Apr 07	8:57.84	8:57.84
3	1596	Wilmer SANTOS	BOL 3 Dec 07	8:57.46	8:57.46
4	2351	Mohamed Ali HAMDI	TUN 23 Apr 08	8:52.20	8:52.20
5	2215	Afonso OLIVEIRA	POR 4 Oct 07	8:59.40	8:59.40
6	2137	Mario Francisco VAZQUEZ	MEX 10 Aug 07	8:58.96	8:58.96
7	1819	Bradley ANDREWS-CALLEC	GBR 22 Feb 07	8:53.28	8:53.28
8	2065	SUGIMOTO Takumi	JPN 23 Jul 07	8:47.65	8:47.65
9	2390	Eli FITCHEN-YOUNG	USA 10 May 07	8:58.33	8:58.33
10	1789	Basile ASTIER	FRA 24 Jan 08	8:38.26	8:38.26
11	1504	Soheib DISSA	ALG 19 Sep 07	8:56.07	8:56.07
12	1881	Levin SAVEUR	GER 11 Sep 07	8:44.55	8:44.55
13	2191	Michał GAJDUS	POL 10 Jan 08	8:42.36	8:42.36
14	1743	Bakr EL ASRI	ESP 28 Jan 07	8:24.40	8:24.40
15	2163	Haakon Kamlesh Heltzer SØRSTAD	NOR 1 Mar 08	8:50.55	8:50.55
16	1705	Adam ČERVINKA	CZE 18 Mar 07	8:38.01	8:47.83
17	2078	Nicholas Kitum LOSIWARENG	KEN 17 Dec 07	8:37.98	8:37.98

Heat 2

2

6 August 2026 10:20 START TIME

ORDER	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	2248	Siyabonga MBELEKI	RSA 20 Sep 07	8:57.49	8:57.49
2	1891	Marco VOGGENREITER	GER 12 Jul 07	8:52.57	8:52.57
3	1925	Bence ACSÁDI	HUN 11 Mar 08	8:56.45	8:56.45
4	1512	Zakaria TOUAHRIA	ALG 27 Feb 08	8:40.81	8:40.81
5	1837	Dillon MILLARD	GBR 25 Feb 07	8:48.76	8:48.76
6	2216	Leonardo OLIVEIRA	POR 4 May 07	8:58.90	8:58.90
7	2116	Mahfoud BELLAL	MAR 26 Feb 07	8:41.48	8:41.48
8	1800	Mathis DUBOIS	FRA 2 May 08	8:49.31	8:49.31
9	1764	Marti TORREGROSSA	ESP 20 Jul 07	8:35.43	8:35.43
10	2353	Mohamed Ali ZINOUBI	TUN 12 Oct 07	8:57.94	8:57.94
11	2054	KOGA Sota	JPN 5 Oct 07	8:46.62	8:46.62
12	2361	Jeremiah KWEMOI	UGA 7 Apr 08	8:57.56	8:57.56
13	1541	Jonathan NEETHLING	AUS 13 May 08	8:56.28	8:56.28
14	2157	Ulrik Jåvoll HAGEN	NOR 25 Aug 08	8:46.45	8:46.45
15	2081	Emmanuel Lemiso SOMEKI	KEN 3 Jun 08	8:35.30	8:35.30
16	2385	Austen CARRERA	USA 28 Mar 07	8:54.42	8:54.42

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ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
7:58.66	Saif Saaed SHAHEEN (KEN)	Bruxelles (BEL)	24 Aug 01	8:01.61	Edmund SEREM (KEN)	Rabat (MAR)	31 May
8:01.16	Conseslus KIPRUTO (KEN)	Shanghai (CHN)	18 May 13	8:22.91	Hailu AYALEW (ETH)	Bruxelles (BEL)	24 May
8:01.36	Lamecha GIRMA (ETH)	Doha (QAT)	4 Oct 19	8:23.59	Eisa GIRMA (ETH)	Bruxelles (BEL)	24 May
8:01.61	Edmund SEREM (KEN)	Rabat (MAR)	31 May 26	8:24.40	Bakr EL ASRI (ESP)	Wien (AUT)	20 Jun
8:03.74	Raymond Kipkorir YATOR (KEN)	Monaco (MON)	18 Aug 00	8:24.93	Isa ABDO (ETH)	Oordegem (BEL)	1 Aug
8:05.21	Getnet WALE (ETH)	Doha (QAT)	4 Oct 19	8:29.64	Ezekiel PIITRENG (KEN)	Raleigh, NC (USA)	26 Mar
8:05.52	Brimin Kiprop KIPRUTO (KEN)	Hengelo (NED)	31 May 04	8:35.30	Emmanuel Lemiso SOMEKI (KEN)	Nairobi (KEN)	23 May
8:06.96	Gilbert KIRUI (KEN)	London (GBR)	27 Jul 13	8:35.33	Jemal JEWARO (ETH)	Addis Ababa (ETH)	18 Apr
8:07.18	Musa Amer OBAID (QAT)	Athina (GRE)	24 Aug 04	8:35.43	Marti TORREGROSSA (ESP)	Barcelona (ESP)	7 Jul
8:07.69	Paul Malakwen KOSGEI (KEN)	Stockholm (SWE)	7 Jul 97	8:37.98	Nicholas Kitum LOSIWARENG (KEN)	Nairobi (KEN)	23 May